

get to know your Amia™ chair

Alive Seating® Technology

Like fingerprints, no two spines are alike. At Steelcase, we spent four years developing a technology that allows a chair to conform to the unique shape of your spine, and is designed to fit a variety of shapes and sizes.



Flexing Lumbar

Leveraging our LiveBack™ technology, Amia is designed to sense movement in your back and self-adjust to provide optimal support.

Seat Depth

Adjustable seat depth lets people of different shapes and sizes achieve long-term comfort. With your back against the chair, you should have 2-3" between the back of your knees and the seat edge.

Adjustable Arms

Height, width, pivot, depth-adjustable arms are mounted to the mechanism to keep your arms level, even in a reclined posture, helping you stay oriented to your work.

Flexible Seat Edge

Passive seat edge is designed to adjust automatically and relieve pressure on the back of your legs.

Upright Back Lock

Change posture instantly with the flip of the switch.

Tension Control

Set the amount of "push back" you desire as you recline. To adjust the tension, turn the knob forward to increase tension or backward to reduce tension.

Seat Height

To raise the chair, lift body weight and pull lever up. To lower chair, remain seated and pull lever up.

Environmental Performance

MBDC Gold Certified, Amia is up to 97% recyclable, and has up to 34% recycled content. SCS Indoor Advantage™ Gold certified. Level™ 1 and 2 certified to BIFMA e3 standard.